

# 12 Week Kick Start

**Personal Training Program @ Gymea Bay Fitness**



**30 minute 1-on-1 PT session per week  
Plus full gym access & full class access**

Just **\$49.00** per week\*

Offer ends 28/02/2018

**Your only limit is you!**

**Ph: 9525 2525**

Corner Gymea Bay Rd & Kingsway Gymea 2227

[www.gymeabayfitness.com.au](http://www.gymeabayfitness.com.au)

\*RRP \$81.00 per week, New participants only.  
Administration fee applies, No rain checks.

# New 8 Week Programs

@ Gymea Bay Fitness



**Starting from 19/02/2018**

## YOGA Hatha

**7.30 pm Monday \$88.00<sub>pp</sub>**

## PILATES - Mat

**7.30 pm Wednesday \$88.00<sub>pp</sub>**

## ZUMBA

**6.30 pm Wednesday \$88.00<sub>pp</sub>**

## RESULTS

**9.30 am Monday \$88.00<sub>pp</sub>**

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